



October 2026

The Recovery Connection
31 Main Street, Marlborough, MA 01752
Front Desk phone number: 774-843-5667 Hybrid Meeting
Zoom ID: 985 610 0233
Passcode: Recovery31



Hours of Operation:
Monday: 8:30am-8:00pm
Tuesday: 8:30am-4:30pm
Wednesday: 8:30am-8:30pm
Thursday: 8:30am-4:00pm
Friday: 8:30am-8:00pm
Saturday: 8:30am-5:00pm

Member
orientation
is offered daily
as needed



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scan the QR Code Your phone's camera app text Zoom Meetings: 			1 9:30a Morning Check-in 10:30a All Recovery 1:00p Mindfulness 2:00p Dual Recovery	2 9:30a Morning Check-in 3:30p ZUMBA 6:00p Open Mic	3 9:00a Breakfast 9:30a Morning Check-in 10:00a LGBTQ+ Group
5 9:30a Morning Check-In 11:00a Men's group 1:00p Smoking Cessation Support Group 3:00p Game Time!	6 9:30a Morning Check-in 10:30a All Recovery 1:00p Reflecting Group 2:00p Buried in Treasure	7 9:30a Morning Check-In 11:00a Community Meeting & Quality Improvement 12:00p MOAR AREAS 1:30p Clean Sweep 7:00p AA Big Book Step	8 9:30a Morning Check-in 10:30a All Recovery 1:00p Mindfulness 2:00p Dual Recovery	9 9:30a Morning Check-in 2:00p TedTalk 6:00p Movie Night	10 9:00a Breakfast 9:30a Morning Check-in 10:00a LGBTQ+ Group
12 CLOSED for the Holiday	13 9:30a Morning Check-in 10:30a All Recovery 1:00p Reflecting Group 2:00p Buried in Treasure	14 9:30a Morning Check-In 11:00a Community Meeting 12:00p MOAR AREAS 1:30p Creative Time 7:00p AA Big Book Step	15 9:30a Morning Check-in 9:30 - 12:30 Community Cubbard Truck-Unload 10:30a All Recovery 1:00p Mindfulness 2:00p Dual Recovery	16 9:30a Morning Check-in 2:00p TedTalk 6:00p Open Mic	17 9:00a Breakfast 9:30a Morning Check-in 10:00a LGBTQ+ Group
19 9:30a Morning Check-In 11:00a Men's group 1:00p Smoking Cessation Support Group 3:00p Game Time!	20 9:30a Morning Check-in 10:30a All Recovery 1:00p Reflecting Group 2:00p Buried in Treasure	21 9:30a Morning Check-In 11:00a Community Meeting 12:00p MOAR AREAS 1:30p Creative Time 7:00p AA Big Book Step	22 9:30a Morning Check-in 10:30a All Recovery 1:00p Mindfulness 2:00p Dual Recovery	23 9:30a Morning Check-in 2:00p TedTalk 6:00p Movie Night	24 9:00a Breakfast 9:30a Morning Check-in 10:00a LGBTQ+ Group
26 9:30a Morning Check-In 11:00a Men's group 1:00p Smoking Cessation Support Group 3:00p Game Time!	27 9:30a Morning Check-in 10:30a All Recovery 1:00p Reflecting Group 2:00p Buried in Treasure	28 9:30a Morning Check-In 11:00a Community Meeting with Monthly Celebration 12:00p MOAR AREAS 1:30p Creative Time 7:00p AA Big Book Step	29 9:30a Morning Check-in 10:30a All Recovery 1:00p Mindfulness 2:00p Dual Recovery	30 9:30a Morning Check-in 2:00p TedTalk 6:00p Halloween Social	31 9:00a Breakfast 9:30a Morning Check-in 10:00a LGBTQ+ Group

Group Descriptions

Men's Group*: Mondays at 11:00am

A peer led group specifically for men struggling with substance use disorder (SUD), and/or co-occurring mental health condition. A new topic is selected at the start of the meeting

All Recovery*: Tuesdays & Thursdays at 10:30am

A recovery meeting open to people with different pathways and experiences of recovery. Each meeting focuses on a topic chosen by a group member, encouraging open discussion, shared experiences, and support.

Reflecting Group*: Tuesdays at 1:00pm

We take time to slow down, check in with ourselves, take some time for personal reflection. A prompt will given and spend approximately 15 minutes to journal. Group discussion will follow. Feel free to discuss or to remain quiet, this group is what you make it.

Community Meeting*: Wednesdays at 11:00am

Center's functions pause at 11:00am every Wednesday for a scheduled meeting involving members that wish to attend to discuss upcoming events, center needs, and anything that may call for a vote or group discussion. A member volunteers to facilitate and address agenda items

Coffee With a Cop: 1st Monday of the Month at 8:30am

Our local officers join us for informal conversation; the simple Idea Creates "A Bridge to Communication"

Movie Night: Every other Friday at 6:00 (check our calendar)

Join us for a movie in our living space area. The movie is determined by our members in attendance.

Dual Recovery Anonymous (D.R.A): Thursdays at 2:00pm

12-step meeting for individuals working on recovery from both substance use and mental health challenges

Giving back to our Community

During the month, we hold various times out in our community such as removal of discarded waste within our city, stocking the food bank, and other community events, as nature walks. Check out our calendar for days and times.

Game Time: Mondays at 3:00pm

Members can enjoy board games, card games and interactive gaming, all while having fun and connecting with others in a recovery-friendly environment

Buried in Treasure*: Tuesdays at 2:00pm

This evidence-based group provides a structured, supportive environment for participants to understand and address the challenges of clutter, gain practical tools for change, and build a supportive community

Smoking Support Group: Mondays at 1:00pm

A supportive group for individuals who are working at quitting or reducing their nicotine use. Members can share experiences, learn coping strategies, and encourage one another throughout the process

MOAR A.R.E.A.S.*: Wednesdays at 12:00pm

Addiction Recovery Education Access Services groups are peer-led and participant-driven educational sessions offered by the Massachusetts Organization for Addiction Recovery. Information about common practical problems faced by people in recovery and helps connect people to the appropriate resources

Open Mic Night: Every other Friday at 6:00 (check our calendar)

Step up to the mic. Share your poetry, a talent, karaoke or just start a sing along

Morning Check-In: Daily at 9:30am

Join us by starting your day with peers and check in how your feeling, what you have going on.

A.A. Big Book Step Study: Wednesdays at 7:00pm

12-step meeting that explores the principles of AA through the big book

LGBTQ+ Group: Saturdays at 10:00am

Peer support groups can be a great way to get free support from other people with a similar experience